STELLAT'EN FIRST NATION

NEWSLETTER

August/September

PO Box 760
Fraser lake BC
V0J 1S0
250-699-8747

Band Manager

Marie Casimel

Awards were given out at the AGA to Kimberly Albinet for 10 years of service, Geraldine Gunanoot for 5 years of service, Elvis Jack for 5 years of service and Lorna Luggi for 15 years of service, congratulations to these staff members for all the great service to SFN.

We had our RIM assessed for what we need, and funding applied for further training is in the plans. It is an extensive report but a good start for us to follow. Finance has been training other managers who use Xyntax to use it with our everyday duties starting with the year-end review on April 20th where everyone went over their transfers in their budgets, and present revenue and expenditures, we have decided to do this monthly during Managers Meetings. We had a Managers Team Building June 1st and 2nd and July 20th and 21st to start all these meetings. It is here that I am reminded of the many issues of HR within our administration office, and I am very thankful that we have started these meetings so that I can follow along with the assistance of all of the department managers, there were many issues that need to be followed up on. This will continue into the monthly Manager meetings to include the reviews.

I would like to thank Peter for keeping an excellent Village Maintenance Team, thanks for all your hard work Peter, Don, and Christian. Sadly, Elvis has departed from his position, I wish him well. Craig is no longer Housing Coordinator, he is doing his best to cover emergencies as they come up, he will be assisting peter on call out in the community for water works. Nathan Silver has stepped up as Interim Housing Manager to the administration of the program, that includes funding applications, keeping records, reporting on funding from ISC/CMHC. He will assist with our long list of reports and deal with housing issues for now, he has been assisting us here previously from CSTC getting the Housing Policy ready to be ratified by membership and passed so that we will finally have a Housing Policy to use. Tracy Appel and Christina Hull of Community Power have submitted application for (HSP) Housing Support Program, Governance & Capacity to develop a multi-year housing upgrade plan, this will give us a clear path to improve housing conditions and make homes more healthy, safe, and comfortable in the community. An application for Rapid Housing Initiative has been sent for the 2 houses lost in fire last winter, we were hoping for this to come through and regret to inform those families that it was unsuccessful due to many other applications.We will keep trying to do all we can to get these families into homes again.

I wish everyone a great fall, even with the smoky atmosphere I want all to enjoy the time in the day now, keep on top of all the safety measures out there. Just do your part and look out for the others around you as Peter would say.

It has been a trying summer with all the wild fires, we have a great grandson in Kelowna, he and family are doing well and keeping safe. I continue to pray for all involved.

The AGA was set up very nicely, thanks Elton and all the staff for providing all the important information for the community. Now everyone is stepping up in preparation for the Annual Salmon Festival, the Salmon Fest team will be providing an event schedule very soon.

I wish you all a great fall.

Salmon Fest 2023

STELLA SALMON FEST 2023

AUGUST 29, 2023

10am- Opening Ceremony @ the Stellaquo River Bend bring Your Drum

11am- Salmon Cutting and hanging @community smokehouse

11am to 3pm Kayaking—behind old hall

12-1pm Lunch to be served at New Hall

1-4 pm - TYE DYE—OLD HALL Raine Luggi

1-4pm Drum Making—NEW HALL (Limited spots)

4pm—Medicine Making with Virginia Reynolds—New

Stellat'en First Nation presents Stella Salmon Fest with donations to date from CGL, West Fraser Mills, and more to be advertised at the event.

August 30, 2023

8:30 to 10 am Breakfast

10am—2 Hour Hike up Red Rock

10am– 12 pm Salmon Cutting at Smokehouse

12pm Lunch will be served at New Hall

1pm—Head Dress Making— at New Hall

3pm—Ed Stehr Magician and Balloon Animals (tentative)

5pm Dinner @ Stella New Hall

8pm—12pm Karaoke w Dale Peck

AUGUST 31, 2014

8:30 to 10am Breakfast

10am—4pm Vendor booths

10am—5pm Mini Train Rides

12pm LUNCH BBQ—Macro Nadleh—New Hall

11am to 4pm INFLATABLES, Cotton Candy machine, Mini Donuts

1pm to 11pm Entertainment

1—2pm Earth Child— Travis

2-4 pm Moon Dogs, ft Dean Scott, Harry Koenig, Keith Toews, Rob and Angela Reynolds

5-7pm Vagabond—Mike Ketlo, Adam Patrick

8-11pm Corduroy Band

Dinner: Detsan Cyo Bannock food truck

Please call : Kim, Katie, Angela at SFN Administration (250)699-

August 29, 30, 31, 2023

2023 Grade 12 Graduates

CADENCE ALBINET

- GRADUATED GRADE 12 FROM F.L.E.S.S
- PARENTS: JEREMY & KIM ALBINET
- GRANDPARENTS: Wilfred & Yvonne George
- GRANDPARENTS: Charlotte Albinet
- GRANDPARENTS: Peter Luggi Jr.
- She hails from a long line of Hereditary Chiefs from Stellat'en, Witset & Hagwilget. She's a member of the Little Man clan.

Cadence plans on going to CNC in September to begin her Early Childhood Diploma Program.

ANASTASIA MCQUEEN-LOUIS

- GRADUATED GRADE 12 FROM F.L.E.S.S
- NAME: ANASTASIA MCQUEEN-LOUIS
- PARENTS: STACEY MCQUEEN-LOUIS & THE LATE DAVID LOUIS
- GRANDPARENTS: THE LATE JOHN & VIOLET KENNEDY
- Ana plans on going to CNC in September to begin her Automotive Service Technician Program.

2023 Grade 12 Graduates

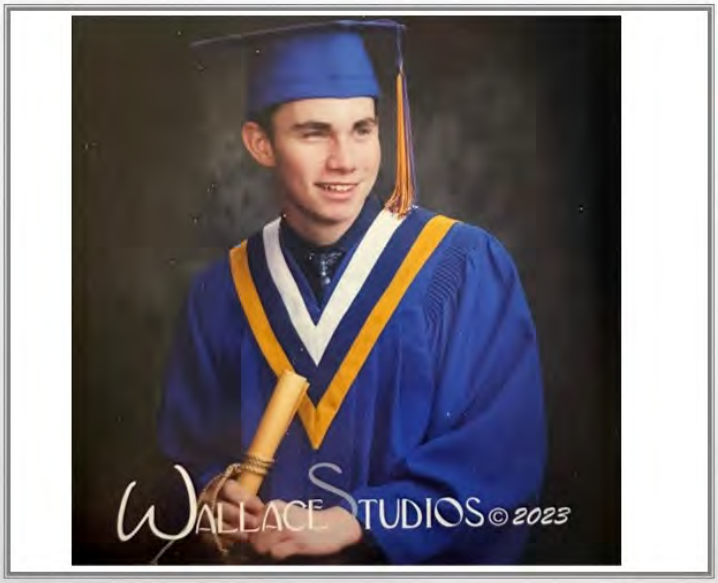
DARIEN WILLIAMS

GRADUATED GRADE 12 FROM F.I.E.S.S
NAME: DARIEN WILLIAMS
PARENTS: JUANITA HERON & STUART WILLIAMS
GRANDPARENTS: BETTY ANNE & LATE JACK HERON
GRANDPARENTS: CLARENCE & WANDA WILLIAMS

BRIANNA TOM

- GRADUATED GRADE 12 FROM F.I.E.S.S
- NAME: BRIANNA TOM
- PARENTS: AMANDA KETLO
- GRANDPARENTS: WALTER & LORRAINE WARD

2023 Grade 12 Graduates



SETH HABSBURG

- GRADUATED GRADE 12 FROM N.V.S.S
- NAME: SETH HABSBURG
- PARENTS: JEROME & ORLANTHIA HABSBURG
- GRANDPARENTS: THE LATE MATILDA HABSBURG
- Received the Dr Mary John Sr award for his ability to overcome adversity to graduate with honours and reach an elite level of hockey

LUCIEN TRUDEAU

Graduated from: J.V Clark School

Name: Lucien Trudeau
Parents: Crystal & Dave Trudeau
Grandparents: Late Melanie Casimel & Larry Calder
Grandparents: Late Margaret & Charlie Casimel

2023 Post-Secondary Graduates

CARISSA DUNCAN SCHULTZ

Registered Nurse
Bellingham Technical College

- PARENTS' NAMES: DAN & SONYA DUNCAN
- GRANDPARENTS: EMMA BAKER

Carissa Duncan Schultz is a proud Stellat'en nursing graduate and former student of FLESS. With the support of SFN Education, she successfully completed her nursing education as a registered nurse (RN) in Bellingham, WA at Bellingham Technical College where she graduated with honours and as a member of Phi Theta Kappa Honors Society. Carissa is a member of the Caribou clan and holds dear the legacy of her grandmother, Emma Baker, and her parents, Sonya Baker and Dan Duncan. Carissa embarked on her nursing career in 2017, initially as a licensed practical nurse (LPN), before accomplishing her dream of becoming an RN. Aspiring to contribute to indigenous nursing education, she envisions a future where an indigenous nursing school thrives in British Columbia

CATHERINE WILLIAMS CASIMEL

WOMAN IN TRADES PROGRAM
Thompson River University

- PARENTS' NAMES: CRAIG CASIMEL & PRISCILLA WILLIAMS
- GRANDPARENTS: AMIE WILLIAMS & GEORGE WILLIAMS
- GRANDPARENTS: ANDREW CASIMEL
- Catherine successfully completed a 13-week, Woman in Trades Introductory Program in Kamloops, BC with Thompson River University. Her program ended June 16th/ 2023 and she was accepted into 1st yr. apprenticeship with Tracer Electric in Kamloops which started June 19th/ 2023. Her journey started in 2019, she received a phone call from Canada Woman In Trades organizer from Calgary and did several phone interviews and was placed onto a wait list which she was told may take up to 4yrs. Now successfully completing her program at TRU

2023 Post-Secondary Graduates

I was born in BC and moved to Ontario when I was one year old, where I continued to grow up with my parents and older sister, Jaya. After visiting family and my parents' school when I was around twelve, I decided I wanted to go to their school after I finished high school. I made it to their school and finished my BA in Biblical Theology. I met a wonderful man in my program and got engaged in our last year. Looking forward, I'm going to finish a two-year diploma to become a Library Technician and later pursue a Masters degree in BC.

CHRISTINA DICKSON

BA Biblical Theology
Summit Pacific College

PARENTS: Dave and Lorraine Dickson
GRANDPARENTS: Edwin and Martina Stehr

DESIREE LOUIS

BA Political Science; Minor Indigenous Studies
UNIVERSITY OF BRITISH COLUMBIA

- **PARENTS: Jean Louis and Leonard Laboucan**
- **STEPDAD: David Parnell is Nisga'a and Haida**
- **GRANDPARENTS: Lillian Louis**
- **Great Grandparents: The late Andrew and Marianne Louis**
- **We are members of the Little Man Clan and Stellat'en First Nation. While I did not grow up in my community, I have sought to make all my family proud and upheld in all spaces I enter. The connection to my Grandmother, Great Grandparents has helped me greatly in whatever task or challenge I am faced with and continues to be medicine for me today. I hold a Bachelor of Arts in Political Science, with a minor specializing in Indigenous Studies, which I completed at the University of British Columbia in Vancouver, BC. During my studies from May 2020 to April 2023, I gained comprehensive knowledge of political systems and their impact on Indigenous communities. This is not the end but the beginning for me. Snaychalia.**

2023 Post-Secondary Graduates

2023 Graduate!

AMANDA BLANDIN

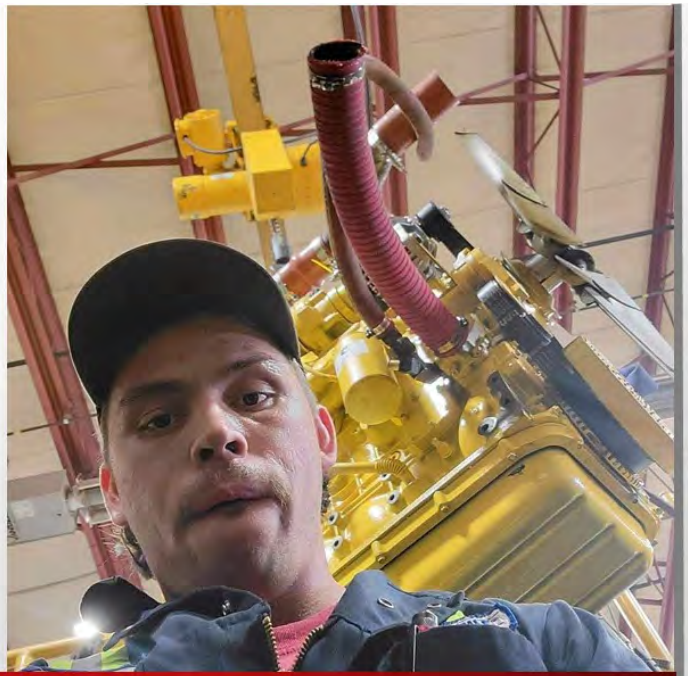
Diploma Business Administration Accounting Major
Northwestern Polytechnic

- PARENTS: DONNA CARTER & JOHN BRENNAN
- GRANDPARENTS: JOSEPHINE CARTER & DON CARTER

JOSHUA LOUIE

Heavy Duty Equipment Technician Red Seal

PARENTS: VICTORIA & TYRONE GEORGE
GRANDPARENTS: ELENORE SKIN & LATE REUBEN SKIN
GRANDPARENTS: LATE LEONARD GEORGE & JANET GEORGE



2023 Post-Secondary Graduates

COLE WALKER

Diploma Integrated Resource Management
Saskatchewan Polytechnic

PARENTS: LINDA & DAVID WALKER
Awarded Indigenous Honour.

Congratulations to all of our 2023 Graduates!

Wellness Center

Phone: 250-699-8922

Hadih Stellat'en

Unfortunately, we will not have a doctor in from August 25 until September 12. Please ensure your medications are renewed before this time. Dr John and Dr Bryan will be doing a telehealth day to see patients virtually on September 7th. Dr John will be here September 12th, and our new doctor, Dr Privia will be starting September 14th.
Thank you for your patience.

Stellat'en Wellness Centre

September 2023

Stellat'en Wellness Centre
176 Shun K'et Ti, PO Box 2055
Fraser Lake, BC V0J 1S0
Ph: (250) 699-8922
Fax: (250) 699-7704

Cynthia Munger: Health Director
Raine Ketlo: CHR/MOA
Geraldine Gunanoot: NNADAP
Pamela Fidler: Receptionist/Patient Travel

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Labor Day CLOSED	5	6	7 Dr Cody	8	9
10	11 Dr John	12 Dr John Wellness Fire	13	14 Dr Privia	15	16
17	18	19	20	21 Dr Privia	22	23
24	25	26 Wellness Fire	27	28 Dr Privia	29	30

Nurses Dietitians - Pharmacists Call 8-1-1 HealthLinkBC

Hours of Operation:
Monday - Friday 8:30am - 4:30pm
Closed: 12:00pm - 1:00pm for lunch and on all weekends and stat holidays

Helpline for Children 310-1234

STELLAT'EN YOUTH POOL DAYS

VANDERHOOF AQUATIC CENTRE

YOUTH 8-29

390 Columbia St E, Vanderhoof, BC V0J 3A0

The **4th Saturday** of every month admission will be covered for Stellat'en Youth aged 8-29.
Status numbers will be required

If you have questions contact Raine

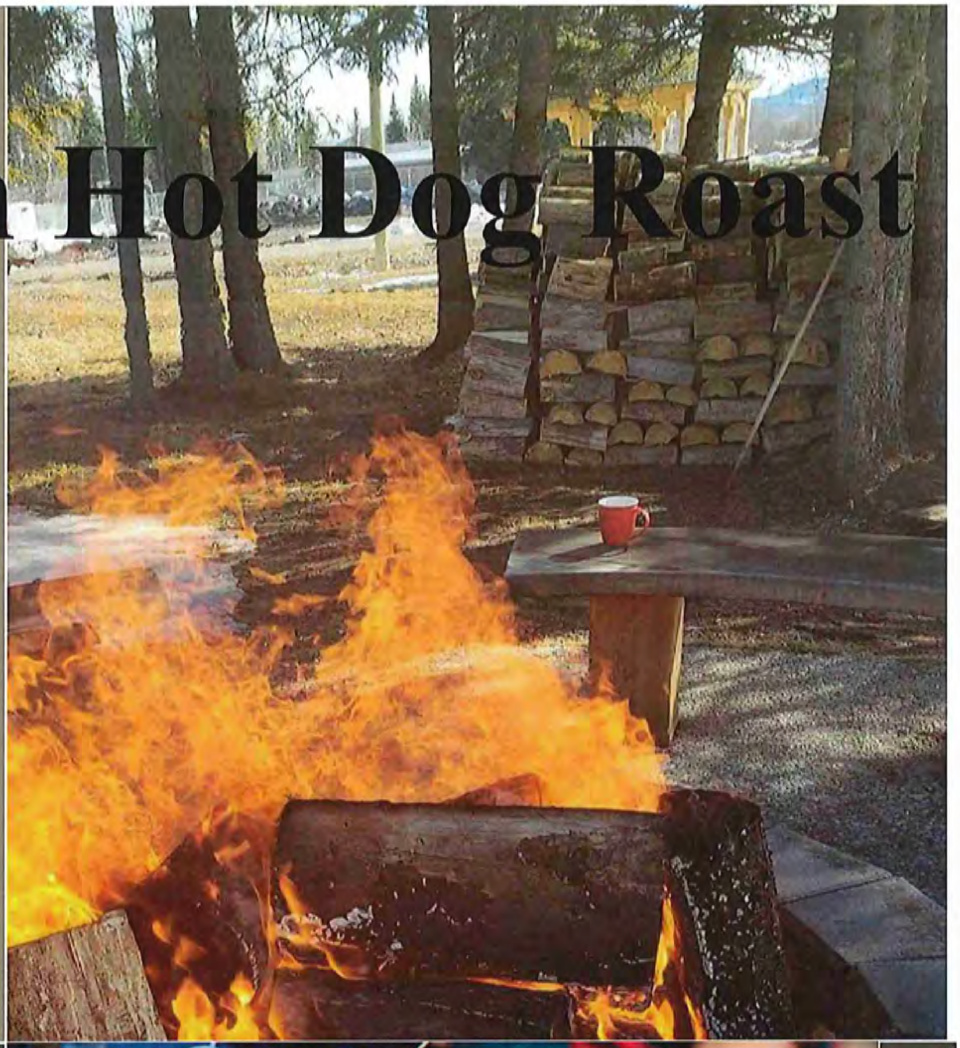
rluggi@csfs.org
text: 250-699-2876
Health center: 250-699-8922

Youth Hot Dog Roast

When:
Friday,
September 22,
2023

Time:
11am-3:00pm

Where:
Stellat'en
Wellness
Centre firepit
(Weather permitting)



Beverages, hot dogs, s'mores and lawn games!

Language Program

250-699-6091

Language Program Manager — Tanya Kirkland

The Language Program continues to host Language Teas biweekly on Tuesdays from 1:30 - 3:00 at the MLMH. This August the focus has been on including Youth. As the Language Teas continue into the fall we will begin recording Elders and Speakers sharing language and stories so this precious knowledge can be used in a variety of ways by the community.

For your information the Language Program will be working with Stance Media and Learning Bird throughout Salmon Fest. There will be six visitors who will be recording video and audio of the overall event as well as individual Elders and Knowledge Keepers to gather resources for a film and resources for use in future language classes. If you are interested in sharing a story, sharing language or have knowledge on a specific topic you would like to share please reach out to Michelle, Dennis or Tanya by Monday August 28 to let us know and we will make sure to include you.

If you have strong feelings about not being recorded during Salmon Fest please also let us know this by August 28. We will hand out ribbons for you to wear which will help identify this information to the film team.

Work on the Dictionary and Oral History Book continue to move forward. We hope to have second draft of the Dictionary next week.

We look forward to connecting with you at Salmon Fest, be sure to visit our table to gather language resources and to practice the language with Dennis.

Photos of the youth attending the Language tea on Aug 22 2023

words

mai too = juice

lhes lhuki = cookies

kwusuda = chair

sin da = sit down

sin yin = stand up

phrase

nilh'en = look at it

nakoosliaz = slowly

de' = hand it here

nah = here

anih = come here

Words and phrases that were taught at the tea on Aug 22 2023

Recent News

Photos from the 2023 Annual Grand Assembly on July 27th

Recent News

Photos of band office restoration that took place from Aug 4-11, work done by Hirt log home restoration

Recent News

(pictured below) Photos of the donor sign and benches made by Northern Hart designs that will be placed the veterans memorial

(pictured above) Veterans memorial located in front of the community hall which had its grand opening on July 26th

Staff

Administration

250-699-8747

Marie Casimel
Band Manager

Elton Louis
Admin Assistant

Shaelene Lapointe
Reception

Denise Smith
Social development

Chastity Casimel
Youth Support Worker

Nathan Silver
Interim Housing Manager

Lorraine Ward
Finance Officer

Kim Albinet
Accounts Payable

Katie Best
Accounts Payable Assistant

Natural Resources

778-764-5642

Doug Casimel
Toonasa Ne Keyah Manager

Tracy Appel
Toonasa Ne Keyah assistant manager

Deane Carlson
NRS Aboriginal Liason

Isaiah Reynolds
Environmental supervisor, Fisheries Cooridinator

Skills and Training

250-699-6020

Angela Heron
Education Coordinator

Samantha Ens
Education Coor. assistant

Roselita Louis
Filing Clerk

Headstart

250-699-6100

Lorna Luggi
heaadstart Manager

Melissa Louis
Headstart Assistant

Staff

Wellness Center

250-699-8922

Cynthia Munger
Health Manager

Raine Ketlo
CHR/ MOA

Pamela Fidler
Receptionist/patient travel

Geraldine Gunanoot
NNADP

Language

250-699-6091

Tanya Kirkland
Language Program Manager

Dennis Patrick
Language Resource Assistant

Michelle Baker
Elders Cooridinator

Operations and Maintenance

Peter Luggi
O&M Manager

Don Gagnon
Maintenance personnel

Christian Louis
Maintenance personnel

SFN Job Board

Contact 250-699-8747 for more info

- FireSmart Coordinator
- Venue Technician
- Communications Officer
- Operations and Maintenance manager Trainee
- Wellness Worker (NNADP)

Upcoming Events

- **Aug 29, 30, 31 -** Salmon Fest (see page 2 for poster)
- **Sept 5 and Sept 19** - Language tea at MLMH (old hall) 1:30-3pm
- **Sept 13-14 -** Lateral kindness Workshop (Mandatory for SFN staff)
- **Sept 22 -** Youth hot dog roast at wellness center 11am-3pm (see page 12 for poster)
- **Sept 23 - Y**outh pool day at Vanderhoof pool ages 8-29 (see page 11 for poster)